



ADYAMAN UNIVERSITY
FACULTY OF ARTS AND SCIENCES
DEPARTMENT OF PSYCHOLOGY

INFORMATION BOOKLET

2026-2027

2006

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Department of Psychology

The Department of Psychology at Adıyaman University admitted its first undergraduate students in the 2025–2026 academic year and officially commenced its educational activities. Since its establishment, the Department has continued its academic and scientific endeavors in line with the University's mission, vision, core values, and strategic objectives.

Our primary goal is to educate highly qualified psychologists who contribute to the advancement of contemporary psychological science through the production of knowledge grounded in scientific methods, conduct high-quality research at both national and international levels, apply their psychological knowledge and professional competencies for the benefit of society, uphold the highest ethical standards, and demonstrate strong professional competence.

The Department is committed to providing students with a comprehensive education that promotes critical thinking, scientific inquiry, and applied knowledge production. Supported by its distinguished academic staff and contemporary curriculum, the Department continues its efforts to educate competent professionals equipped to meet the evolving demands of the field of psychology.

The undergraduate curriculum of the Department of Psychology at Adıyaman University consists of three main components: compulsory courses, departmental elective courses, and university-wide elective courses. To graduate, students are required to successfully complete the courses specified in the curriculum of their year of enrollment as well as a total of 240 ECTS credits.

Academic Staff

Proffesor Mehmet Ali YILDIZ (*Head of the Department*)

Assist. Prof. Eylül Ceren DEMİR

Assist. Prof. Yunus Emre AYDIN

Research Assistant Dr. Ayşe Nur AKYÜZ

Research Assistant Gizem GEDİK

Department Secretary

Filiz ABACI KUTLU

Mission & Vision

Mission

Remaining committed to universal values and benefiting from the accumulated knowledge of science in general and psychological science in particular, the Department of Psychology is dedicated to educating qualified psychologists who possess an inquisitive, innovative, and entrepreneurial spirit; demonstrate critical thinking, active participation, and dynamism; preserve and value their cultural heritage while embracing a global perspective; contribute to scientific advancement in the service of humanity; support the development of the nation and the region; strive for personal and professional growth; recognize their professional responsibilities; and uphold the highest standards of ethical conduct.

Vision

Our vision is to become a leading Department of Psychology distinguished by innovation, entrepreneurship, and international competitiveness. Guided by an academic staff equipped with the knowledge, experience, and infrastructure required for the twenty-first century, we aspire to conduct creative, high-impact research that contributes meaningfully to the advancement of science and humanity. Furthermore, we are committed to educating highly qualified psychologists who will contribute to the future of our country while transforming our academic and scientific expertise into lasting benefits for society through excellence in research and education.

The Importance of the Department of Psychology

Psychology is a fundamental scientific discipline dedicated to the systematic study of human behavior, emotions, and cognitive processes. As such, it plays a vital role in promoting the well-being and healthy development of both individuals and society. In today's rapidly changing world, increasing levels of stress, social crises, the growing prevalence of mental health problems, and the widespread impact of digitalization have made the need for psychological knowledge and professional expertise more evident than ever before.

An education in psychology aims to develop a comprehensive understanding of the cognitive, emotional, social, and biological processes that underlie human behavior while equipping students with the scientific knowledge and practical skills required to assess and address these processes. Psychologists contribute to society by working in a wide range of professional settings, including hospitals, mental health centers, forensic institutions, educational organizations, industrial and organizational settings, private counseling centers, social service agencies, and research institutions. Through these roles, they actively support the promotion, protection, and improvement of mental health and psychological well-being.

Within this framework, the Department of Psychology offers far more than theoretical knowledge. It provides a comprehensive academic education that cultivates critical thinking, ethical practice, scientific inquiry, effective interpersonal communication, and a strong sense of professional responsibility. Students acquire not only the academic foundations of psychology but also the practical competencies required to understand human behavior and establish healthy interpersonal relationships in both their professional and personal lives.

For these reasons, psychology is recognized as a strategically important discipline that integrates scientific knowledge with professional practice while contributing to the well-being of individuals and society.

Career Opportunities for Graduates

Graduates of the undergraduate Psychology program possess a strong foundation in the scientific understanding of human behavior and mental processes, together with the practical competencies required for professional practice. These qualifications provide graduates with diverse career opportunities across both the public and private sectors.

Psychology graduates may pursue careers in hospitals, mental health centers, psychiatry and psychotherapy clinics, special education and rehabilitation centers, addiction treatment centers, private clinics, educational and counseling institutions, forensic organizations, social service agencies, correctional institutions, family counseling centers, psychotechnical assessment centers, and research institutions. In addition, graduates may work within the field of Industrial and Organizational Psychology, contributing to areas such as human resources management, employee well-being, organizational development, recruitment, training, and performance evaluation.

Following their undergraduate education, graduates may continue their academic and professional development through master's and doctoral programs in specialized fields including Clinical Psychology, Forensic Psychology, Health Psychology, Neuropsychology, Developmental Psychology, Social Psychology, Educational Psychology, and Industrial and Organizational Psychology. Those pursuing an academic career also have the opportunity to contribute to the advancement of psychological science through research, teaching, and scholarly activities.

Accordingly, graduates of the Department of Psychology play a significant role not only in protecting and promoting the mental health of individuals but also in supporting the effective functioning of institutions, thereby contributing to the overall well-being of society.

Undergraduate Course Catalogue

Year 1						
Semester 1 (Fall)						
CODE	COURSE TITLE	C/E	L	P	CR	ECTS
PSİ101	Introduction to Psychology I	Compulsory	3	0	3	6
PSİ103	Introduction to Sociology	Compulsory	3	0	3	6
PSİ105	Introduction to Philosophy	Compulsory	3	0	3	6
PSİ107	Social Anthropology	Compulsory	3	0	3	5
TD101	Turkish Language I	Compulsory	2	0	2	2
AİİT101	Atatürk's Principles and History of Turkish Revolution I	Compulsory	2	0	2	2
YD101	English I	Compulsory	2	0	2	3
Total:					18	30

Year 1						
Semester 2 (Spring)						
CODE	COURSE TITLE	C/E	L	P	CR	ECTS
PSİ102	Introduction to Psychology II	Compulsory	3	0	3	6
PSİ104	Physiological Psychology	Compulsory	3	0	3	6
PSİ106	Statistics for the Social Sciences	Compulsory	3	0	3	6
PSİ108	Human Relations and Communication	Compulsory	3	0	3	5
TD102	Turkish Language II	Compulsory	2	0	2	2
AİİT102	Atatürk's Principles and History of Turkish Revolution II	Compulsory	2	0	2	2
YD102	English II	Compulsory	2	0	2	3
Total:					18	30

Year 2						
Semester 3 (Fall)						
CODE	COURSE TITLE	C/E	L	P	CR	ECTS
PSİ201	Psychology of Learning	Compulsory	3	0	3	5
PSİ203	Social Psychology I	Compulsory	3	0	3	5
PSİ205	Developmental Psychology I	Compulsory	3	0	3	5
PSİ207	Theories of Personality	Compulsory	3	0	3	5
PSİ209	Scientific Research Methods I	Compulsory	3	0	3	5
ADS	Non-Departmental Elective (1 course)	Elective	2	0	2	5
Total:					17	30
NON-DEPARTMENTAL ELECTIVE (ADS) COURSE POOL						
ADS...	Introduction to Scientific Thinking	Elective	2	0	2	5
ADS...	Art and Aesthetics	Elective	2	0	2	5
ADS...	Academic Writing Skills	Elective	2	0	2	5
ADS...	Career Planning	Elective	2	0	2	5
ADS...	Social Responsibility Projects	Elective	2	0	2	5
ADS...	Psychoanalysis and Literature	Elective	2	0	2	5

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Year 2						
Semester 4 (Spring)						
CODE	COURSE TITLE	C/E	L	P	CR	ECTS
PSİ202	Cognitive Psychology	Compulsory	3	0	3	5
PSİ204	Social Psychology II	Compulsory	3	0	3	5
PSİ206	Developmental Psychology II	Compulsory	3	0	3	5
PSİ208	Scientific Research Methods II	Compulsory	3	0	3	5
PSİ210	Measurement and Assessment Methods in Psychology	Compulsory	3	0	3	5
ADS	Non-Departmental Elective (1 course)	Elective	2	0	2	5
Total:				17	30	
NON-DEPARTMENTAL ELECTIVE (ADS) COURSE POOL						
ADS...	Introduction to Scientific Thinking	Elective	2	0	2	5
ADS...	Art and Aesthetics	Elective	2	0	2	5
ADS...	Academic Writing Skills	Elective	2	0	2	5
ADS...	Career Planning	Elective	2	0	2	5
ADS...	Social Responsibility Projects	Elective	2	0	2	5
ADS...	Psychoanalysis and Literature	Elective	2	0	2	5

Year 3						
Semester 5 (Fall)						
CODE	COURSE TITLE	C/E	L	P	CR	ECTS
PSİ301	Psychopathology I	Compulsory	3	0	3	5
PSİ303	Theories of Psychotherapy	Compulsory	3	0	3	5
PSİ305	Child and Adolescent Mental Health	Compulsory	3	0	3	5
PSİ307	Life Stages and Adjustment Problems	Compulsory	3	0	3	5
OSD ...	Common Elective Course	Elective	3	0	3	5
AİS	Departmental Elective Course (1 course to be selected)	Elective	2	0	2	5
Total:			16		30	
COMMON ELECTIVE COURSE (OSD) POOL						
OSD	One of the common elective courses offered in the current semester is to be selected.	Elective	3	0	3	5
DEPARTMENTAL ELECTIVE COURSE POOL FOR SEMESTER 5						
PSİ309	Psychology and Cinema	Elective	2	0	2	5
PSİ311	Special Education	Elective	2	0	2	5
PSİ313	Positive Psychology	Elective	2	0	2	5
PSİ315	Emotion and Emotion Regulation	Elective	2	0	2	5
PSİ317	Psychology and Artificial Intelligence	Elective	2	0	2	5
PSİ319	Psychology of the Self and Attachment	Elective	2	0	2	5
PSİ321	School Psychology	Elective	2	0	2	5
PSİ323	Industrial and Organizational Psychology	Elective	2	0	2	5
PSİ325	Disaster and Trauma Psychology	Elective	2	0	2	5
PSİ327	Culture and Psychology	Elective	2	0	2	5
PSİ329	Attitudes and Attitude Change	Elective	2	0	2	5
PSİ330	Psychoanalytic Theories: From Freud to the Present	Elective	2	0	2	5

Year 3						
Semester 6 (Spring)						
CODE	COURSE TITLE	C/E	L	P	CR	ECTS
PSI304	Psychopathology II	Compulsory	3	0	3	6
PSI306	Psychological Test Administration	Compulsory	1	3	4	5
PSI308	Principles and Techniques of Psychological Counseling	Compulsory	3	0	3	5
AI3...	Departmental Elective (2 courses)	Elective	6	0	6	10
OSD	Common Elective Course	Elective	3	0	3	5
Total:			19		31	
COMMON ELECTIVE COURSE (OSD) POOL						
OSD	One of the common elective courses offered in the current semester is to be selected.	Elective	3	0	3	5
DEPARTMENTAL ELECTIVE COURSE POOL FOR SEMESTER 6						
PSI312	Psychodynamic Psychology	Elective	2	0	2	5
PSI314	Psychology of Migration	Elective	2	0	2	5
PSI316	Gender Studies	Elective	2	0	2	5
PSI318	Neuropsychology	Elective	2	0	2	5
PSI320	Coping With Stress	Elective	2	0	2	5
PSI322	Children's Rights and Family Education	Elective	2	0	2	5
PSI324	Political Psychology	Elective	2	0	2	5
PSI326	Sexual Health Education	Elective	2	0	2	5
PSI328	The Divorce Process and Adjustment to Life	Elective	2	0	2	5
PSI330	Applications in Industrial and Organizational Psychology	Elective	1	1	2	5
PSI332	Psychology of Adulthood and Aging	Elective	2	0	2	5
PSI334	Couple and Family Therapy	Elective	2	0	2	5
PSI336	Experimental Psychology	Elective	2	0	2	5
PSI338	Close Relationships	Elective	2	0	2	5
PSI339	Lacanian Psychoanalysis	Elective	2	0	2	5

Year 4						
Semester 7 (Fall)						
CODE	COURSE TITLE	C/E	L	P	CR	ECTS
PSI401	Internship	Compulsory	2	4	4	6
PSI403	Principles and Techniques of Group Therapy	Compulsory	3	0	3	5
AIS	Departmental Elective (4 courses to be selected)	Elective	8	0	8	20
Total:			15	31		
DEPARTMENTAL ELECTIVE COURSE POOL FOR SEMESTER 7						
PSI407	Forensic and Criminal Psychology	Elective	2	0	2	5
PSI409	Cognitive Behavioral Therapy	Elective	3	0	3	5
PSI411	Juvenile Delinquency and Its Psychology	Elective	2	0	2	5
PSI413	Play Therapy	Elective	2	0	2	5
PSI415	Psychopharmacology	Elective	2	0	2	5
PSI417	Environmental Psychology	Elective	2	0	2	5
PSI419	Media Psychology	Elective	2	0	2	5
PSI421	Trauma and Grief Therapy	Elective	3	0	3	5
PSI423	Child Neglect and Abuse	Elective	2	0	2	5
PSI425	Professional English I	Elective	2	0	2	5
PSI427	Psychodrama	Elective	2	0	2	5
PSI429	Current Issues in Psychology	Elective	2	0	2	5
PSI431	Behavioral Addictions and Interventions	Elective	3	0	3	5
PSI433	Health Psychology	Elective	2	0	2	5
PSI435	History of Psychology	Elective	2	0	2	5
PSI437	Online Psychological Practice	Elective	1	2	2	5
PSI438	Psychoanalytically Oriented Interviewing and Observation Techniques	Elective	1	2	2	5
PSI439	Contemporary Psychoanalytic Approaches	Elective	2	0	2	5

Year 4						
Semester 8 (Spring)						
CODE	COURSE TITLE	C/E	L	P	CR	ECTS
PSI402	Field Practice in Psychology	Compulsory	2	4	6	9
PSI404	Clinical Interviewing Skills	Compulsory	3	0	3	6
AIS	Departmental Elective (3 courses to be selected)	Elective	6	0	6	15
Total:					15	30
DEPARTMENTAL ELECTIVE COURSE POOL FOR SEMESTER 8						
PSI406	Career Counseling	Elective	2	0	2	5
PSI408	Consumer Psychology	Elective	2	0	2	5
PSI410	Applied Clinical Psychology	Elective	2	2	2	5
PSI412	Applied Social Psychology	Elective	2	2	2	5
PSI414	Substance Addiction and Interventions	Elective	3	0	3	5
PSI416	Traffic Psychology	Elective	2	0	2	5
PSI418	Peer Relations and Bullying	Elective	2	0	2	5
PSI420	Premarital Counseling	Elective	2	0	2	5
PSI422	Professional English II	Elective	2	0	2	5
PSI424	Sport Psychology	Elective	2	0	2	5
PSI426	Rehabilitation Counseling	Elective	2	0	2	5
PSI428	Cross-Cultural Psychology	Elective	2	0	2	5
PSI430	Individual Therapy Practice	Elective	1	2	3	5
PSI432	Motivational Interviewing Techniques	Elective	2	0	2	5
PSI434	Virtual Reality and Psychology	Elective	2	0	2	5
PSI436	Cognitive Behavioral Therapy With Children and Adolescents	Elective	2	0	2	5
PSI440	Grief, Trauma, and Memory in Psychoanalytic Theory	Elective	2	0	2	5
PSI441	Child and Adolescent Psychoanalysis	Elective	2	0	2	5

Departmental Activities

ADYU Psychology Days

ADYU Psychology Days, organized by the Department of Psychology at Adiyaman University, is a major academic event that brings together academics, mental health professionals, students, and members of the wider community to discuss current developments in psychological science. Held annually around a different theme, the program features keynote lectures, scientific presentations, panel discussions, and professional talks addressing contemporary issues in psychology.

The inaugural ADYU Psychology Days was organized under the theme "Growing Through Trauma: Rebuilding Life." The program addressed a range of current topics, including trauma, psychological resilience, childhood trauma, suicide prevention, eating disorders, and play-based therapeutic approaches. Through ADYU Psychology Days, the Department aims to: facilitate access to up-to-date scientific knowledge, contribute to the professional development of psychology students and mental health professionals, strengthen interdisciplinary collaboration, and increase public awareness of mental health and psychological well-being.



Community Engagement and Social Responsibility Initiatives

In line with its commitment to serving society, the Department of Psychology conducts scientific, educational, and public awareness activities aimed at promoting and protecting mental health. Through seminars, training programs, public lectures, and similar events organized in collaboration with various public institutions, the Department reaches diverse segments of society, including families, students, academic and administrative staff, law enforcement personnel, and older adults. These initiatives address a wide range of topics, including mental health promotion, test anxiety, psychological resilience, family relationships, and community-based mental health. Through these efforts, the Department contributes to preventive and promotive mental health services while seeking to increase public awareness of mental health, support psychological well-being, and foster lifelong well-being across the community.



ADYU Psychology Student Society

The ADYU Psychology Student Society is an active student organization established to support the academic, professional, and personal development of psychology students. The Society organizes conferences, seminars, workshops, panel discussions, and community engagement projects designed to promote awareness of psychological science while enhancing students' professional competencies and academic growth.

One of the Society's projects, entitled "Post-Earthquake Eating Behaviors: An Awareness Project on Trauma, Psychological Resilience, and Eating Disorders," was selected for funding under the UNİDES (University Student Communities Cooperation and Support Program) Program of the Ministry of Youth and Sports of the Republic of Türkiye. This achievement reflects the Society's strong commitment to scientific research, community engagement, volunteerism, and social responsibility.



Projects and Achievements

The Department of Psychology has rapidly achieved significant accomplishments through its innovative educational approach, which actively encourages students to participate in scientific research and develop research projects.

A student-led research project entitled: "Investigating the Effects of Earthquake Anxiety on University Students' Future-Oriented Attitudes: The Case of Adıyaman University" was awarded funding under the TUBİTAK 2209-A Undergraduate Research Projects Support Program. In addition, the ADYU Psychology Student Society's project: "Post-Earthquake Eating Behaviors: An Awareness Project on Trauma, Psychological Resilience, and Eating Disorders" was awarded support under the UNIDES Program of the Ministry of Youth and Sports of the Republic of Türkiye.

These achievements demonstrate the Department's commitment to cultivating a research-oriented academic environment, encouraging student participation in scientific inquiry, and producing projects that generate meaningful benefits for both academia and society.



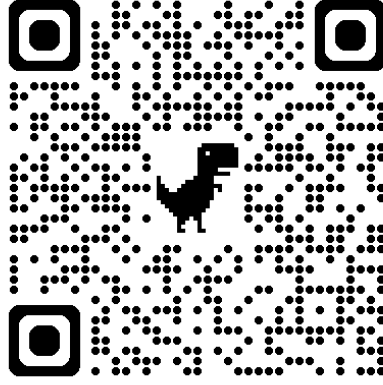
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Üniversite Öğrencileri Araştırma Projeleri
Destekleme Programı



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